



JAN 2009

www.grecackd.com • 11820 Belleville Rd. • Belleville, Michigan 48111 • (734) 697-1950

Email us at staff@grecackd.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> It's going to be a Great Year at Choi Kwang-Do!!! We are finishing up the expansion of our facilities to better serve you – Our Valued Customers!!! 2009 Belt Exam Schedule is posted online at our Website. Get your copy today. Remember 1st Stripe exams will now be Patterns and 2nd Stripe exams will be Basics. This was effective December 2008. 3rd Stripe White / 3rd Stripe BB and 1st Stripe Black starts Feb 2. The White Stripe Belt Exam and Black Belt Test is Saturday, Feb 21st. 				1 New Years Day SCHOOL CLOSED	2 <u>Reduced Schedule</u> 4:45 Ninjas 5:30 Family Class NO Demo Class Close at 6:45pm LN: Fitness	3 <u>Reduced Schedule</u> 10:30 Ninjas 11:15 Children 12:15 Adults Close at 1:30 pm LN: Coordination
4 Regular Schedule Resumes	5 LN: Focus	6 <u>Special Class</u> Patterns Class 5:30 pm	7	8	9 LN: Memory	10 Instructor Workshop 9:15 – 10:30 am LN: Teamwork
11	12 2 nd Stripe White 2 nd Stripe BB LN: Fitness	13 2 nd Stripe White 2 nd Stripe BB	14 2 nd Stripe White 2 nd Stripe BB Test Registration & Fee Deadline	15 2 nd Stripe White 2 nd Stripe BB	16 LN: Balance	17 Black Stripe Belt Exam Ninja Class: 10:30 am Family Class: 11:15 am Exam Start: 12:15 pm See exam rank/times LN: Focus
18	19 Martin Luther King Jr. Day LN: Memory	20	21	22 <u>Special Class</u> Stretching Class 7:10 pm	23 LN: Control	24 LN: Fitness
25	26 LN: Balance	27	28 <u>Special Class</u> Close Range Defense 6:15 pm	29	30 LN: Coordination	31 LN: Memory