



GRECA CHOI KWANG-DO

11820 Belleville Rd. ♦ Belleville, MI 48111 ♦ (734) 697-1950 ♦ www.grecackd.com



CLASS TRAINING SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Business Hours	11:45 – 9:15 PM	3:00 – 9:15 PM	11:45 – 9:15 PM	3:00 – 9:15 PM	4:00 – 8:15 PM	9:30 – 2:00 PM
9:45 AM						Rejuvenate Class (By Invitation Only)
10:30 AM						Little Ninjas
11:15 AM						Children Black Belt Club
12:00 PM	Adult All Ranks		Adult All Ranks			Children All Ranks 12:00 – 12:45
1:00 PM	Family Class		Family Class			Adult All Ranks 12:45 – 1:40
4:45 – 5:30 PM	Little Ninjas	Children All Ranks	Children Advanced	Children All Ranks	Little Ninjas	
5:30 – 6:15 PM	Children All Ranks	Family Class	Children All Ranks	Family Class	Children All Ranks	
6:15 – 7:10 PM	Advanced Class	Black Belt Class	Adult Advanced & Adult BB Club	Black Belt Class	Adult All Ranks	
7:10 – 8:05 PM	Adult All Ranks	Adult All Ranks	Adult All Ranks & Teen Class	Adult All Ranks	Demo Class (By Invitation Only)	
8:05 – 9:00 PM	Private Classes (By Appointment Only)	Private Classes (By Appointment Only)	Private Classes (By Appointment Only)	Private Classes (By Appointment Only)		

CLASS DESCRIPTIONS

All Ranks
Little Ninjas
Advanced
Family Class
Black Belt Club
Teen Class
Black Belt
Rejuvenate
Demo Class

Includes students of all ranks in the class
 Children ages 3 - 5 years old. Call for scheduling information.
 Students green belt and above for both children and adults per the schedule
 Mixed Class for both Children and Adult Family Members
 Special Class for Black Belt Club Members Only
 Special class/topics for teenage students ages 12 – 18.
 Brown senior belts and above for both children and adults
 Special morning class for Adult students 18 and up.
 Special class geared towards performance and sharp demonstration of movement.

Effective January 2, 2008